

Morne Swanepoel's COMBAT COACHING.COM

Ballito CLASS SCHEDULE 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am - 9am Muay Thai Boxing	8am - 9am BJJ Brazilian Jiu-Jitsu	8am - 9am Tai Chi	8am - 9am BJJ Brazilian Jiu-Jitsu	8am - 9am MMA Mixed Martial Arts	8am - 9am Tai Chi
Gym Closes 1pm	Gym Closes 1pm	Gym Closes 1pm	Gym Closes 1pm	Gym Closes 1pm	9am - 10am Bully Proof Your Child
					9.30am - 11am Women Empowerment
					9.30am - 11am Street Combatives
					11am-12.30pm Open Mat Gym Closes 1pm
4.30pm - 5.15pm Pre School	5pm - 6pm Muay Thai Boxing	4.30pm - 5.15pm Pre School	5pm - 6pm Muay Thai Boxing		
5pm - 6pm Kids BJJ	5pm - 6pm Kids MMA	5pm - 6pm Kids BJJ	5pm - 6pm Kids MMA		
6pm - 7.30pm BJJ Brazilian Jiu-Jitsu	6pm - 7.30pm MMA Mixed Martial Arts	6pm - 7.30pm BJJ Brazilian Jiu-Jitsu	6pm - 7.30pm MMA Mixed Martial Arts		
Gym Closes 8pm	Gym Closes 8pm	Gym Closes 8pm	Gym Closes 8pm		

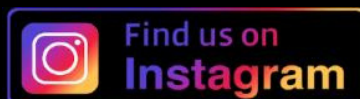


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